

Human Body: Revision Worksheet

1. True or False? Write T or F next to the sentences.

- A baby is born with fewer bones than an adult. ____
- The ribcage protects your heart and lungs. ____
- Muscles work in pairs: one contracts while the other relaxes. ____
- Incisors are sharp and pointed to tear food. ____
- Body language and facial expressions are forms of non-verbal communication. ____
- The femur is the smallest bone in the human body. ____

2. Multiple Choice: Circle the correct answer.

- How many teeth does an adult have? a) 20 b) 32 c) 206
- Which of these is an **involuntary** movement? a) Running b) Smiling c) Heartbeat
- What connects your muscles to your bones? a) Tendons b) Cartilage c) Joints
- Where can you find **cartilage** in your body? a) In your brain b) In your nose and ears c) In your teeth

3. Vocabulary Matching: Match the word to its function.

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| 1. Skull ____ | A. Helps the body move where two bones meet. |
| 2. Joint ____ | B. Grinds food at the back of the mouth. |
| 3. Molar ____ | C. Protects the brain. |
| 4. Skeleton ____ | D. Moves food through your body. |
| 5. Involuntary muscle ____ | E. Holds the body up and protects organs. |

4. Communication: Verbal or Non-verbal? Decide if the action is **Verbal** (talking) or **Non-verbal** (gestures/body language).

1. Waving hello: _____
2. Telling a story: _____
3. Frowning because you are angry: _____
4. Shouting "Watch out!": _____

5. Fill in the gaps: Use the words below. (bones – 27 – calcium – 630)

- The human body has over _____ muscles.
- Each of your hands has _____ bones in it.
- The skeleton is made of _____ and store minerals.